

### MESSAGE FROM THE DIRECTOR

Dear Fellow Citizens:

The 2nd Annual Henry County Fair will take place on September 21 - 24 at Martinsville Speedway. A lot of fun and exciting shows and attractions will take place each day. Daily activities include the Rock-N-Circus Show, Pompeyo Family Amazing Dog Show, interactive animal exhibit, thrilling rides, delicious fair food and challenging prize games. Concerts will take place on the 21st-23rd. Wednesday will feature local favorite TC Carter Band, Thursday will be "Spirit FM Night" as we welcome We Are Messengers and Friday is "B99.9 Night" as Celeste Kellogg takes the stage. Fireworks will close out the fair on Saturday night. Advance discounted all-inclusive tickets are now on sale at www.ColeRides.com.

The 25th Annual Great Goblin Gallop 5K will take place on Saturday, October 22. This is a great 5K for all ages and racing experience levels. We will be celebrating the 25th anniversary of the first and oldest 5K in M/HC with commemorative shirts and race medals. Be sure to sign up early!

Thank you for your interest in Henry County Parks & Recreation, and have fun!

Sincerely, Roger Adams, CPRP

## OFFICE INFORMATION

### **Henry County Parks & Recreation Office Information**

Henry County Parks & Recreation is a member of the Virginia Recreation and Park Society (VRPS) and the National Recreation and Park Association (NRPA). Henry County Parks and Recreation may be contacted, Monday - Friday 8:00 am - 5:00 pm at:

PO Box 7 • Collinsville, VA 24078

Phone: 276.634.4640 • Fax: 276.634.4637 • email: radams@co.henry.va.us

#### HENRY COUNTY PARKS & RECREATION STAFF

Roger Adams, CPRP Director

> **Daniel Reynolds** Deputy Director

**Ashley Mundy** Senior Services Coordinator

Renee Brannon Office Manager

**Benny Luther** Parks Manager

**Eric Martin** 

**Gary Gammons** Parks Maintenance Staff

Garv Rea

**Ted Crowder** Parks Maintenance Staff

Dylan McGuire

Wanda Setliff Senior Services Assistant

**Thomas Finney** 





**Gravely Park** 



**Collinsville Jaycee Park** 





**Doe Run Park** 





**Philpott Marina** 

The Dick and Willie Trail Lauren Mountain Preserve

classes.

Pre-registration is required for all classes and activities.

#### **ART CLUB**

Are you looking for an art club where you can meet and let your creative side shine? Join Ms. Ann Woodall as she leads an art club through different themes every month. October will be Halloween, November will be Thanksgiving and December will be Christmas. You can join all three themes or pick and choose which ones you would like to do.

Date/Time: Wednesdays / 6:00 pm-7:00 pm Location: Henry County Administration Building

Cost: \$25 per month

#### **ZUMBINI WITH CHRISTINA KINZER**

Zumnini is an early childhood educational program for children 2-5 years old. Created by Zumba and Baby First, Zumbini uses music and movement to promote cognitive, social, emotional and motor skill development masked behind a fun and engaging class.

Date/Time: TBA

Location: Henry County Recreation Center

Cost: TBA

#### THANKSGIVING CRAFTS

Join Henry County Parks and Recreation for a Thanksgiving themed craft class. Participants will experience a fun, hands-on activity that will stimulate learning and creativity. The paticipants will make and take home several different crafts. Pre-registration is required. Class is limited to 10 participants.

Time/Date: Thursday, November 17th / 5:30 pm-6:30 pm

Location: Henry County Administration Center

Cost: \$10.00

#### CHRISTMAS CRAFTS

Join Henry County Parks and Recreation for a Christmas themed craft class. Participants will experience a fun, hands-on activity that will stimulate learning and creativity. The participants will make and take home different crafts. Pre-registration is required. Class is limited to 10 participants.

Time/Date: Tuesday, December 20th / 5:30 pm-6:30 pm Location: Henry County Administration Building

Cost: \$10.00

## Trips

#### Burke's Garden Fall Festival

September 24th

Visit Tazewell County, VA for the Fall Festival that features a variety of exhibits featuring the beautiful Burke's Garden.

#### Train to Monticello

September 25th

Travel by train from Roanoke to Charlottesville. Once in Charlottesville, you will be able to visit Thomas Jefferson's home, Monticello.

#### Apple Butter Stir Off

October 8th

Visit Highland County, otherwise known as "Virginia's Switzerland" to explore a different way of life.

#### New River Gorge Bridge Day

October 15th

View the beautiful fall colors in West Virginia and get a chance to watch professionals parachute from the New River Gorge Bridge.

#### Fall Foliage Train to Charlottesville

October 16th

Travel by bus and train to see the beautiful fall foliage of Charlottesville with the trip highlighted by a meal at Michie Tayern.

#### Fall Train to Montpelier

October 22nd

Travel by bus and train to see the beautiful fall foliage of Charlottesville and tour James Madison's home of Montpelier.

#### Autumn at Greenbrier Bunker

October 23rd

Travel to White Sulphur Springs, West Virginia to tour the Greenbrier Bunker and Hotel.

#### Stars of the Grand Ole Opry

October 27th

Visit the Rex Theatre in Galax, Virginia as the Branson Ozark Jubilee presents "Stars of the Grand Ole Opry."

#### Christmas with Elvis

December 3rd

Visit the T. Austin Finch Auditorium in Thomasville, North Carolina to see Stephen Freeman and his Echoes of a Legend Band perform their 19th Annual Christmas with Elvis concert.

#### Christmas at Greenbrier

December 11th

Travel to Hot Springs, Virginia to enjoy Christmas at the Homestead Resort.

## Clubs

#### HENRY COUNTY PHOTOGRAPHY CLUB

Looking to get into photography but not sure which way to turn? Not sure what type of camera to buy? Not sure where to start? The Henry County Photography Club could be perfect for you. Local photographers from novice to professional meet monthly for open discussion about photography. Come see some beautiful pictures taken throughout our area. Membership is free. Please bring your camera and/or photographs to share with the group. More info on our Facebook page http://www.facebook.com/hcproamphoto or email henrycountyphoto@gmail.com.

Date/Time: First Monday of the Month @ 7:00 pm Location: Henry County Administration Building

Cost: FREE

#### SMITH RIVER VALLEY CANOE CLUB-SRVCC

Club meets to promote the year round sport of canoeing/kayaking. The club meetings consist of information on equipment, skills, and river destinations. Rolling sessions are held weekly. Contact BR Bryant at 638-4306 or email creek1r@comcast.net. Like them on Facebook to find out

#### **BLUE RIDGE SKI AND OUTING CLUB**

If activities like hiking, canoeing, kayaking, biking, traveling, wake boarding, bowling and skiing sound fun to you, the Blue Ridge Ski and Outing Club could be just for you. The BRSOC is ideal for anyone looking to have an outgoing and active lifestyle. Call Fran Brooks, Public Relations Director at (276) 734-5296 or email sidalee24112@yahoo.com for information or visit the website at www.BRSOC.org. Like them on Facebook to find out more.

#### PATRICK HENRY PATRIOTS RC CLUB

Radio Control Model Aviators meet monthly to promote and encourage the Radio Control Model Aviation hobby. During warm months, the club meets at PATRIOTS R/C FIELD located just beyond the Convenience Center on Jack Dalton Road. New members are always welcome! Check them out on Facebook to find out more.

Date/Time: Second Saturday of the Month @ 12:00 pm

Location: Henry County Administration

Building/Patriot Flying Field

Cost: See club members for dues

#### HENRY COUNTY BIKE CLUB

Looking for a new activity that is great for you physical and mentally? Joining the Henry County Bike Club could be the perfect way for you to get some exercise while letting the wind blow through the vents in your helmet to get the cool helmet hair! Our bike club is open to participants of all ages and skill levels. Weekly rides and events can be found on their website at http://henrycountybikeclub.com. For more details or contact Tommy Smith at tommysmith24055@yahoo.com. Like them on Facebook to find out more.

## THE GREAT GOBLIN GALLOP 5K RUN - 25TH ANNUAL



Join us for the 25th Annual Great Goblin Gallop 5K Race at Druid Hills in Martinsville. The course is a beautiful loop around Lake Lanier. Refreshments and door prizes will be available. Participants dress in your best costume this year for a chance to win our Halloween Costume Contest. Race winners and costume winners will receive custom Great Goblin Gallop medals.

Saturday, October 22nd • 9 am Check-in • 10 am Race Start



### FLAG FOOTBALL LEAGUE

Start thinking about forming your team for Flag Football this fall. This is a great sport to get some great exercise and hang out with your buddies. Teams will consist of up to 18 players per team. Games will be played at the Smith River Sports Complex.

Time/Dates: Season begins in September Location: Sports Complex in Axton, VA

Interested in officiating Basketball & Football games for the Winter 2022?



Please contact Daniel Reynolds at 276-634-4645

for more information.

Officials are paid per game

ACCEPTED



# HALLOWEEN HAYRIDE

Come out to Jack Dalton Park on Monday, October 31st for a hayride around the park and thanks to the Martinsville/Henry County 4-H office, the hayride will get spookier and spookier as the evening goes on. Trunk-or-Treat will be offered in the parking lot of Jack Dalton Park. Sign up today to be a vendor or to decorate your trunk and pass out candy for the Trunk-or-Treat. Businesses, organizations and families are encouraged to participate. Call 276.634.4645 to get your name added to the list.

Monday, October 31st • 6:00 - 8:00 pm

## Special Events & Activities

HUNTERS SAFETY COURSES ARE AVAILABLE THROUGH THE VIRGINIA DEPARTMENT OF GAME & INLAND FISHERIES. PLEASE VISIT WWW.DGIF.VIRGINIA.GOV FOR MORE INFO

#### HALLOWEEN TREAT BAGS

Trick-or-Treating Bags will be dispersed to Elementary School children beginning October 11th. Bags are also available in the lobby of the Henry County Administration Building. These bags list Halloween Safety Tips that can help trick-or-treaters while out getting candy.

Time/Date: Available - October 11th

Location: Henry County Administration Building

Cost: No Fee

#### PUMPKIN CONTEST

We want to see your Jack-o-Lanterns!!!! Did you carve a great pumpkin? Have a photo of it? You should submit your design to our Henry County Parks & Recreation Pumpkin Carving Contest. We will award 5-10 prizes, depending on how many photos we receive. Winners will be picked from a panel of judges. Please send entries to dreynolds@co.henry.va.us or on our Facebook page.

Time/Date: Deadline to enter is October 28th

Cost: Free

#### FISHING POLE LOANER PROGRAM

Would you like to go fishing but do not have a pole or any equipment? In conjunction with the Virginia Department of Game and Inland Fisheries, Henry County Parks and Recreation is offering a Fishing Pole Loaner Program. You can check out a pole and tackle equipment and go fishing, just return the equipment after use. Anyone interested should call 276.634.4645 to learn more about the program or to reserve a pole.

Time/Date: September & October

Location: Henry County Administration Building

Cost: FREE

#### CHRISTMAS CARD DESIGN CONTEST

Elementary, Middle, and High School Students will design Christmas Cards for Henry County Parks and Recreation to send throughout the Commonwealth. Cards will be broken up by schools and grades. The winning card will be used as the official Henry County Parks and Recreation 2022 Christmas card, which will be sent to different agencies all over the state of Virginia. Other entries will be sent to local nursing homes to help brighten up Christmas for others. There will be a winner from each school and plaques awarded!

Time/Date: Deadline for cards is Friday, December 9th

Cost: Free

#### **LETTERS FROM SANTA**

Through special arrangements with Santa Claus and his Elves, children may receive a personalized letter from Santa's Workshop. Registration forms will be distributed through the Henry County Schools and will be available at the Henry County Parks & Recreation office. Forms are available beginning November 21st.

Time/Date: Deadline for forms - Friday, December 9th

Location: North Pole- Henry County Branch

Cost: No Fee

#### **GARDEN TO GO**

The Fall Garden to Go program focuses on cool weather plants and will give you what you need to start growing your own turnips, turnip greens, kale and carrots. This is a great program that will allow your kids to do everything from planting the seeds to taking care of the seeds and then watching the seeds grow and produce something they can eat. We will provide you with everything you need, you just need to come pick it up.

Time/Date: Available now

Location: Henry County Parks & Recreation Office

Cost: \$25

#### **MILES IN MARTINSVILLE**

Get up and get moving with the Miles in Martinsville Series and help support Outreach Programs of the YMCA. There are distances for runners of all levels from 5K to half marathon so sign up and support these great events and causes. Contact the Martinsville YMCA at 276.632.6427 or visit www.milesinmartinsville.com to learn more!

Harvest Moon 5K & 10K Light up the Night September 9th December 10th

#### HALLOWEEN GEOCACHE

Get outside during this beautiful time of year and use some of the beautiful trails in the county to find our Halloween Geocache. Use your phone to download one of the many geocaching apps and see if you can find this spooky geocache. The Halloween cache will be put out to find on October 21st, goodies inside the geocache will be Halloween Themed.

\*\*Coordinates will be announced on our Facebook page\*\*

#### **GINGERBREAD WARS**

Do you make a gingerbread house every year? Do you think your gingerbread house is the best one in your house every year? Do you have a family member who is fantastic with their design? We want to see as many gingerbread houses as we can this Christmas. Send in a picture and our Parks & Recreation judges will pick a winner. Please send entries to dreynolds@co.henry.va.us or on our Facebook page.

Time/Date: Deadline to enter is December 16th

Cost: Free



#### PARKS AND RECREATION NIGHT

Future Bassett Bengals and Magna Vista Warriors can wear their parks and recreation jersey and get into the big game for FREE. This is an excellent opportunity to create some excitement for tomorrow's football players by letting them enter the field with today's football players. Henry County Parks & Recreations players can get into the game for FREE if they are wearing their jersey from this year.

Time/Date: September 30th / 6:30 pm Location: Bassett High School

Cost: Players in for Free/Parents still have to pay gate fee

#### **BASKETBALL OPEN GYMS**

Looking to knock the rust off of your basketball game before the season starts? Practice begins in December so come out to our open gyms in November where you can shoot around with others trying to do the exact same thing. Preregistration is required, call our office to get your name on the list. For ages 8-14 years old.

Time/Date: 6:00 pm-8:00 pm / TBD in November

Where: Henry County Rec Center

Cost: FREE but PRE-REGISTRATION IS REQUIRED

#### **VOLLEYBALL OPEN GYMS**

Looking to knock the rust off of your Volleyball game before the season starts? Practice begins in December so come out to our open gyms in November where you can practice with others trying to do the exact same thing. Pre-registration is required, call our office to get your name on the list. For ages 11-14 years old.

Time/Date: 6:00 pm-8:00 pm / TBD in November

Where: Henry County Rec Center

Cost: FREE but PRE-REGISTRATION IS REQUIRED





# SEPTEMBER 21st - 24th

MARTINSVILLE SPEEDWAY

# RIDES & GAMES

LIVE MUSIC

4H COMPETITIONS

**CARNIVAL FOOD & VENDORS** 

**FIREWORKS** ENTERTAINMENT

ANIMAL EXHIBITS & PETTING ZOO













FOR MORE INFORMATION CALL 276-634-4640 OR VISIT HENRYCOUNTYVAFAIR.COM

BLUE RIBBON SPONSORS



**Bassett** 

RED RIBBON SPONSORS







FIREWORKS SPONSOR

CAMPBELL FAMILY FOUNDATION

OTHER SPONSORS





Henry County Parks & Recreation Program Guide ... Connecting Seniors through Fellowship, Fitness & Fun!

The fall 2022 publication contains the most recent scheduled activities and programs available to seniors in the Henry County area. The program guide is available to any senior adult interested in receiving a copy by mail or email. To request a copy call Senior Services at 276-634-4644 or email amundy@co.henry.va.us.

#### **SENIOR TRANSPORTATION**

Henry County Senior Services provides transportation services to senior citizens that are residents of Henry County and are sixty years of age and older. Focus on transportation services are given to county resident elderly, transportation disadvantaged and disabled. All donations are appreciated. To schedule transportation call 276-634-4644.

Transportation Schedule (Masks Required) Monday - Thursday - Demand Response Friday - Limited Demand Response

## Health & Nutrition

Join Senior Services for an exciting weekly socializing and entertaining event. Everyone who participates is provided a yummy and hot catered meal. This program is for individuals sixty years or older. This event is not income based. If interested in attending, call Senior Services at 276-634-4644

Time/Days: Mondays, 11:00 a.m. - 1:00 p.m (Site Not Open)

Location: Moral Hill Missionary Baptist Church in the fellowship hall

50 Moral Hill Drive, Axton, VA 24054

Cost: Suggested donation

Time/Days: Tuesdays, 11:00 a.m. - 1:00 p.m. Location: Henry County Recreation Center

395 John Redd Blvd, Collinsville, VA 24078

Cost: Suggested donation

#### **BREAKFAST CLUB**

The Breakfast Club is open to all adults age 50 and above. The Breakfast Club is designed to be a fun and socially interactive way to meet people and enjoy breakfast in a nice atmosphere.

Time/Days: 4th Tuesday of each month at 8:30 a.m.

September 27 Fieldale Cafe

63 Marsall Way, Fieldale, VA

October 25 Skip's Restaurant

1221 Memorial Blvd., Martinsville, VA

November 22 Clarence's Steak & Seafood

6636 Greensboro Road, Ridgway, VA

December 27 Skip's Restaurant

1221 Memorial Blvd., Martinsville, VA

Cost: Individual is responsible for cost of breakfast

#### **YOGA**

Yoga is a great way to start your morning. Join us every Monday morning for an hour of yoga. This class is designed to give you greater relaxation, energy and balance. You must provide your own yoga mat and pre-register at 276-634-4644.

Time/Day: Monday of each week • 9:00 am Location: Henry County Recreation Center

395 John Redd Blvd., Collinsville, VA

Cost: \$3

#### SENIOR FALL BOWLING LEAGUE

The Senior Fall Bowling League is open to all adults age 50 and above. The senior bowling league is designed to be fun and allow for seniors to get some exercise. Beginners as well as experienced bowlers are welcome. Pre-registration is required to bowl. Names will be taken on a first-come, first-serve basis. For additional information or to pre-register, please call 276-632-6060 or 276-634-4644. Registration ends when teams are filled.

Time/Days: Wednesday-9:15 am beginning September 7, 2022

Practice begins at 9:05 am

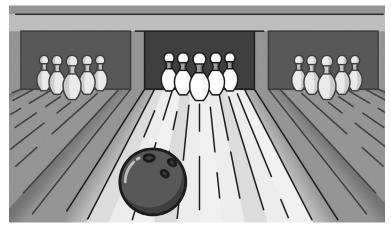
Location: Sportlanes

10 Koehler Road, Martinsville, VA

Cost: \$5.00 initial registration fee and \$8.00 per week for three

games, including bowling ball and shoes. The bowling fee must be paid whether you bowl on league day, pre-bowl or

are absent.



#### FIRST FRIDAYS AT THE LANES

Sportlanes is the place to be on the first Friday of each month. Join us for First Fridays at the Lanes. Sportlanes in conjunction with Henry County Parks & Recreation will sponsor a Senior Social with each game of bowling costing only \$1.00 and light refreshments are provided. Come on out and socialize, bowl and just have a good time.

Time/Days: 1st Friday - September 2 • October 7

November 4 • December 2 10:00 am - 12:00 Noon

Location: Sportlanes • 10 Koehler Road, Martinsville, VA 24112

Cost: \$1.00 per game

#### **PICKLEBALL**

Pickleball is a combination of tennis, badminton, and table tennis. It was invented in 1965 as a children's backyard game. It is the fastest growing sport in the United States. This is the perfect game to combine cardio and eye coordination. All levels of experience is welcomed. We will supply the equipment. This is a two to four person game, so try to bring a team or partner with you. Call Senior Services at 276-634-4644 for more information on why Pickleball is popular with all age groups.

Time/Days: Monday & Wednesday • 10:00 a.m. - 2:00 p.m.

Location: Henry County Recreation Center Gym 395 John Redd Blvd, Collinsville, VA 24078

Cost: Free

#### WALKING ON THE DICK & WILLIE TRAIL

Let's go walking on the Dick & Willie Passage. This 7.0 mile paved trail follows the path of the old Danville & Western Railway, starting on the west end of Virginia Avenue, continuing across Martinsville & Henry County and ending at Mulberry Creek. Enjoy the beautiful scenery that this trail has to offer and just remember that any increase in walking will promote good health.

## Health & Nutrition (continued)

#### **SENIOR GOLF LEAGUE**

Beginning September 20th, Senior Services has partnered up with Beaver Creek Golf Course to offer a golf league just for seniors. This league will be able to hit the course with a 9:00am tee time on Tuesday and Thursdays of every week for 18 holes. The first four rounds will allow everyone to establish a base score. After the fourth round, players will try to score as many points as they can versus their base score. Weekly prizes are awarded to the best score versus the established base score. Contact Senior Services to register at 276-634-4644.

Time/Days: Tuesday & Thursday • 9:00 am Location: Beaver Creek Golf Course

325 Beaver Hill Club Road, Martinsville, VA

Cost: \$20.00 initial registration fee and \$25.00 per round. The cost

per game includes cost of golfing 18 holes, a hotdog, bag of

chips, and canned drink.



#### THURSDAY TRAIL TREKKERS

Martinsville and Henry County are home to many miles of beautiful hiking trails. This group, co-sponsored by Henry County Parks & Recreation and the Dan River Basin Association, will meet on Thursdays to explore a different trail every week. Weather permitting, we will meet at designated locations throughout the county, and sometimes in nearby parts of neighboring counties, for enjoyable hikes. All the trails selected will be moderate in length and difficulty and senior-friendly, but there is no minimum age requirement. Please contact Ashley Mundy at amundy@co.henry.va.us with any questions. Seniors interested in this program will need to pre-register with Henry County Parks & Recreation Senior Services at 276.634.4644.

Time/Days: Thursdays • 11:00 am weather permitting

Beginning November 3rd meeting time changes to 1 pm

Location of Hikes: September 1 Deshazo Mill Access (Fall Creek Falls)

September 8 Gravely Nature Preserve

September 15 Uptown Connector/Silverbell Trail

September 22 Mountain Laurel Trail September 29 Lauren Mountain

October 6 Deshazo Mill Access (Fall Creek Falls)

October 13 Philpott Fit Trail October 20 Doe Run Park October 27 Cedar Ridge Trail

November 3 Deshazo Mill Access (Fall Creek Falls)

November 10 Dick & Willie Fisher Street Trail

November 17 Fieldale Trail

Deshazo Mill Access (Fall Creek Falls) December 1

December 8 Dick & Willie Country Club Drive Trail

December 15 Virginia Mayo River State Park

Free Cost:

#### **SENIOR KAYAKING**

Kayaking is great way to have a low impact aerobic activity that helps in muscle strength in your back, arms, and shoulders. Join Senior Services to enjoy recreational paddling and beautiful scenic views on the water. Each participant will need to provide their own equipment (life jacket, kayak, and paddles). Be sure to wear the appropriate clothing and bring a water bottle. Pre-registration is required. For more information, contact Henry County Parks and Recreation Senior Services at 276-634-4644

Time/Date: 1:30 pm

Location: September 8 **Bassett Canoe Access** 

September 29 **Bassett Canoe Access** October 6 Philpott Marina

Cost: Individual is responsible for cost of their purchase

#### LINE DANCE (CONTEMPORARY STYLE) -**BEGINNER BASICS**

This class will introduce the beginner dancer to basic Line Dance steps and incorporate those steps into fun, easy dances to a wide variety of music. Learn dances to your favorite Pop, Country, Oldies, Show Tunes, etc. It's not all Country! Line Dance is a proven stress reliever and an excellent way to fit exercise and fitness into your lives. Class is ongoing, come when you can.

Classes Cancelled: September 22, November 10, November 24, December 22, December 29

Time/Day: 5:30 pm - 6:30 pm / Thursday each week

(Begins September 1, 2022)

Henry County Recreation Center Location:

395 W John Redd Boulevard, Collinsville, VA \$5.00 per person per class/payable to instructor

Cost:

#### LINE DANCE (CONTEMPORARY STYLE) -**BEGINNER PLUS**

This class is a step up from the Thursday Beginner Basic class. Syncopated steps will be incorporated into fun dances that are slightly more challenging but still at the beginner level. Dance to a variety of music genres. Music and dancing-overall health, both physical and mental. Classes are on-going.

Classes Cancelled: September 22, November 10, November 24, December 22, December 29

Time/Day: 6:45 pm - 7:45 pm/Thursday each week

> (Begins September 1, 2022) Henry County Recreation Center

Location: 395 W John Redd Boulevard, Collinsville, VA Cost:

\$5.00 per person per class/payable to instructor

#### LINE DANCE (CONTEMPORARY STYLE) -**IMPROVER LEVEL**

Dances taught in this class will challenge students with syncopated steps and varying rhythms- teaching dancers to be musically intuitive. Have fun dancing to a variety of genres while improving your strength, stamina, brain function, and overall health. Classes are on-going. Class cancelled: September 19, September 26, October 10, November 14, December 19, December 26

Time/Day: 5:30 pm - 6:30 pm / Monday each week

(Begins September 12, 2022)

Henry County Recreation Center Location:

395 W John Redd Boulevard, Collinsville, VA

Cost: \$5.00 per person per class (Payable to instructor)

## Health & Nutrition (continued)

## LINE DANCE (CONTEMPORARY STYLE) - INTERMEDIATE LEVEL

Our most challenging class, this is for the dancer who is comfortable with different rhythms, steps, and syncopations, including, Waltz, Rhumba, Cha Cha, Night Club 2-Step, Rolling 8 count, Tango, Swing, ect. Classes are ongoing.

Class Cancelled: September 19, September 26, October 10, November 14, December 19, December 26

Time/Day: 6:45 pm - 7:45 pm / Monday each week

(Begins September 12, 2022)

Location: Henry County Recreation Center

395 W John Redd Boulevard, Collinsville, VA

Cost: \$5.00 per person per class (Payable to instructor)

#### SHAG ON! (CONTINUATION SHAG CLASS)

For those who have completed Beginner I, II, and III. Learn steps to further enhance your Shagging fun! Instructed by Sue Ann Ehmann and Ron Brammer.

Classes Cancelled: September 20, September 27, November 8, December

20, December 27

Location:

Time/Day: 5:30 pm - 6:30 pm / Tuesday each week

(Begins September 13, 2022) Henry County Recreation Center

395 W John Redd Boulevard, Collinsville, VA

Cost: \$10 per person (Payable to instructor)

#### LINE DANCE WORKSHOP WITH ROB HOLLEY

Rob Holley is a well-known choreographer in the Line-Dancing world and has written many popular line dances. Join us for a fun day of Line Dancing, learning from one of the best in the field. In the gym we will offer dances from the Ultra Beginner to Intermediate level. In Activity Room #1 we will offer all Ultra Beginner classes.

For registration and information, contact Sue Ann Ehmann at 276-252-2245 or SueAnn5678@gmail.com

Time/Day: Saturday, November, 5, 2022 • 10:00 am-5:00 pm

Location: Henry County Recreation Center

395 W John Redd Boulevard, Collinsville, VA

Cost: \$45 per person (day & evening) before October 15.

Step book included

\$50 per person (day and evening) after October 15 or at the

door. Step book not included

\$35 per person (Workshop Only) before October 15.

Step Book included

\$40 per person (Workshop Only) after October 15 or at the

door. Step Book not included.

\$10 per person (Evening Dance Only)



## Activities.

#### **ROOK CLUB**

The Rook Club is open to all adults age 50 and above. Rook is designed to be a fun card game that helps improve memory, hand, and eye coordination. It is also a great way to socially interact with others. All levels of experience is welcomed. For additional information, please call 276-634-4644.

Time/Date: Every Wednesday • 11:00 am

Location: Henry County Parks and Recreation Center Activity Room #2

Cost: Donation

#### **BRIDGE CLUB**

The Bridge Club is open to all adults age 50 and above. Bridge is designed to be a fun and socially interactive way for seniors to enjoy playing cards. All levels of experience is welcomed. For additional information, please call 276-634-4644. To ensure no one goes away without playing, please plan ahead to have four people play at your table.

Time/Date: 1st and 3rd Thursday of each month • 12:00 pm

Location: Henry County Parks and Recreation Center Activity Room #2

Cost: Donation

#### B.I.N.G.O. CLUB

The Bingo Club is open to all adults age 50 and above. Bingo is designed to be a fun and socially interactive way for seniors to enjoy improving eyehand coordination, and improve memory. For additional information, please call 276-634-4644.

15 16 33 51 68

6 25 38 55 62

Time/Date: 1st and 3rd Tuesday

of each month • 12:00 pm

Location: Henry County Recreation

Center Activity Room #1

Cost: Donation

#### **BOW-TASTIC MAKING CLASS**

It's that time of the year when all the beautiful seasonal wreaths comes out. Have you wondered how to make a special bow for the Christmas tree? What about those special occasions you purchase a gift for that you want to make stand out. This class is just for that. Melanie Barrow will instruct all participants on how to make beautiful bows for the seasonal décor, wreaths and special gifts. All materials will be provided but feel free to bring your wired ribbons to use as well. Maximum of 12 participants. Call Senior Services at 276-643-4644

Time/Date: October 19 • 10:00 am

Location: Henry County Recreation Center • Activity Room 1

Cost: \$15

## ONE DAY TRIP TO WOHLFAHRT HAUS DINNER THEATRE AND HOTEL ROANOKE

Senior Services is taking a chartered journey to Wohlfahrt Haus Dinner Theatre for a spectacular Christmas show. This show stopping show will have everyone in awe and leaving you in the Christmas spirit singing along to all the Christmas music. Each show will end with why we celebrate Christmas. Everyone will enjoy a four-course meal. The trip does not end with this. We will travel to the Hotel Roanoke to see the beautiful event of Fashion of Evergreens. This is a walk at your own pace event. To conclude the trip each person will receive a specialty dessert. Call Senior Services at 276-634-4644.

Time/Day: November 30, 2022 • Meet up Time TBA

Location: Henry County Recreation Center for charter bus pick-up

Cost: \$115/Person due to limited space

## Activities (continued)

#### MATTER OF BALANCE

Join Senior Services for an 8-week fall prevention program. Participants will learn to (1) view falls and fear of falling as controllable, (2) set realistic goals for increasing their physical activity, (3) change their environment to reduce risk of falling, and (4) promote exercise to increase strength and balance. "A Matter of Balance" is an evidence-based program developed for older adults who have concerns or fears about falling. Pre-registration is required since there is limited space. Contact Senior Services at 276-634-4644.

Time/Date: September 20, 2022 • 11:00 am-1:00 pm

(Ends November 15, 2022)

Location: Henry County Recreation Center Gym

Cost: Free

#### MEDICARE ENROLLMENT

Join LaKesha Dodson from Southern Area Agency on Aging and Senior Services for the 2022 Medicare enrollment. Each participant will need to preregister and pick a time slot. LaKesha Dodson will discuss individually the Medicare plans you currently have, discuss potential savings or more coverage, and help you enroll for the 2023 year. Light refreshments will be provided. Pre-registration is needed due to limited space. Contact Henry County Parks & Recreation Senior Services at 276-634-4644

Time/Date: October 21, 2022 & November 3, 2022 • 10:00 am-3:00 pm

Location: Henry County Recreation Center

Cost: Free

#### **CRAFT DAY**

Henry County Parks & Recreation Senior Services would like to invite you to join us for a free craft. We will create the magic of Christmas with the craft we will create. It is simple and fun for everyone. Just using a few items we will create a beautiful plaque to sit on your table or mantel. The maximum for this class will be 12 participants. Pre-register is required due to limited space. Contact Senior Services at 276-634-4644.

Time/Date: October 28, 2022 • 10:00 am Location: Henry County Recreation Center

Cost: Free

### **GUN SAFETY COURSE**

Why should you take a gun safety course? Whether you're considering purchasing a firearm for self-defense or even just for practicing at the shooting range as a hobby, it's important you know everything there is to know about safely and correctly using your gun. Not knowing how to use a firearm properly could result in injury and or destruction of property. And even if you already know how to use a gun safely, you can still benefit greatly from refreshing yourself on basic gun safety. There's no better way to get the education you need than taking a gun safety class. Contact Senior Services at 276-634-4644 for registration and information. All ages are welcome.

Time/Date: To Be Determined

Location: Henry County Recreation Center

Cost: Free

#### **MOVIE DAY**

Henry County Parks & Recreation Senior Services would like to invite you to join us for a movie. The movies that play in our area may change from week to week and that change generally occurs on Fridays. We will announce the movie we plan to attend on the week before we plan to go. Give us a call at 276-634-4644 to check on the movie we plan to see and for additional details. If you choose to provide us with an e-mail address, we will be happy to send the information to you.

Time/Date: To Be Determined

Location: Movie Town/Hollywood Cinema

Cost: Individuals responsible for cost of ticket and concessions

#### **CRAFT WITH GENIE**

Join Genie for a fun filled day of craft making. Reserve your space by calling Henry County Parks and Recreation Senior Services at 276-634-4644. A maximum of 12 individuals for this class.

Time/Day: October 7, 2022 • 10:00 am

Fall in love with these fabric pumpkins. Genie will instruct each participant on how to create and decorate different

sizes of cloth pumpkins. All materials are provided.



November 18, 2022 • 10:00 am

Cost:

Christmas Crafts with Genie. Each participant will get to make door hangers, greeting cards, and bookmarks. This is a wonderful opportunity to make a gift for that special person.

Location: Henry County Recreation Center Activity Room #1

395 John Redd Boulevard, Collinsville, VA 24078 \$25.00 per person/Pre-registration is required as

space is limited.

Checks should be made to Genie Elgin



### **DISCLAIMER:**

Pre-registration is required for all indoor activities, classes and programs by calling 276-634-4644.

# Parks, Trails and Facilities

FACILITIES	PICNIC SHELTER	PLAYGROUND	RESTROOMS	TRAILS	BALL FIELDS	TENNIS COURTS	VOLLEYBALL COURTS	BOAT RAMP	CAMPGROUND
JACK DALTON PARK	•	•	•	•	•		•		
COLLINSVILLE JAYCEE PARK	•	•	•	•		•			
JORDAN CREEK PARK	•	•	•		•				
DOE RUN PARK			•	•					
FIELDALE PARK	•	•	•		•				
FISHER FARM PARK	•	•	•	•	•				
GRAVELY NATURE PRESERVE	•		•	•					
MT OLIVET RURITAN FIELD					•				
JOHN BRADSHAW FIELD AT HORSEPASTURE					•				
SAMUEL H. HAIRSTON FIELD					•				
SPENCER-PENN PARK		•		•	•				
SANVILLE RURITAN FIELD					•				
BLACKBERRY PARK		•			•				
LAUREN MOUNTAIN PRESERVE				•					
FIELDALE/TEXTILE HERITAGE TRAILS			•	•					
DICK & WILLIE TRAIL			•	•					
BASSETT RIVER ACCESS								•	
GREAT ROAD RIVER ACCESS			•	•				•	
FIELDALE RIVER ACCESS			•	•				•	
Doe Run River Access								•	
S. MARTINSVILLE RIVER ACCESS								•	
FRITH DRIVE RIVER Access								•	
SPORTS COMPLEX RIVER ACCESS	•	•	•	•	•			•	
MARROWBONE RIVER Access				•				•	
MITCHELL BRIDGE RIVER ACCESS								•	
PHILPOTT MARINA			•	•				•	•
HENRY COUNTY REC CENTER	•		•						

## **YOUTH ATHLETICS**

### BOYS BASKETBALL

League play is offered for boys ages 8-13 as of October 1, 2022

Teams are based at each elementary and middle school.

Registration Deadline: November 10, 2022

Practice & Game Dates: December through March

# BASKETBALL SPIRIT SQUAD

Middle School cheer program is for 6th, 7th and 8th grade girls. Participants learn the value of teamwork, sportsmanship and the importance of good character. Participants that register are placed on cheer squads for the 2022-2023 boys basketball season. Basketball cheer squads are assigned according to the number of boy's basketball teams each school has.

Registration Deadline: November 10, 2022 Cost: \$40

# ELEMENTARY BASKETBALL SPIRIT SQUAD

This is an Elementary School cheer program for 3rd, 4th and 5th grade girls. Participants learn the basic fundamentals of cheerleading, the value of teamwork, sportsmanship and the importance of good character. Participants that register are placed on cheer squads for the 2022-2023 basketball season. Basketball cheer squads are assigned according to the number of boy's basketball teams each school has.

Registration Deadline: November 10, 2022 Cost: \$40

Smith River Blueway

# GIRLS VOLLEYBALL

League play is offered for girls ages 11-13 as of October 1, 2022

Teams are based at each middle school.

Registration Deadline: November 10, 2022

Practice & Game Dates:
December through February

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# VOLUNTEER YOUTH SPORTS COACHES DESERVE SPECIAL MENTION

We would like to thank the following coaches for taking time to be a volunteer youth sports coach. The time spent and your commitment are valuable to thousands of Henry County children and is appreciated by the Henry County Parks & Recreation Staff.

### **BASEBALL**

Guy Robertson Marshall Thomas Adam Wyatt Savanna Gwynn Adam Adkins Justin Mills Samantha Roop Julie Lacy Nyema Wade Charlie Minter Wayne Catron Jamie Crawford

David Murphy Tiffany Boyd Brad Russell David Scott Jamie Collins John Calloway Josh Bocock Maggie McBride Ryan Robertson Brad Nunn Aaron Ciotoli Zach Williams

### SOFTBALL

Samantha Zola Zeb Adkins Gary Dove Mike Deal Eddie Sechrist Jeanean Humphrey **Chad Secrest**